

RESUME

Name : Rucha Ramesh Birje

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EDUCATIONAL QUALIFICATION:

QUALIFICATION	SPECIALIZATION	UNIVERSITY BOARD	YEAR OF PASSING	%
MS.c Psychology	Clinical Psychology, Child Psychopathology, Counseling, Organization Psychology	KLE Academy of Higher Education and Research (Deemed-to-be- University) J.N. Medical college, Belagavi.	2019	7 (SGPA)
Bachelor of Arts	Developmental Psychology, Clinical Psychology, Counseling, Abnormal Psychology	Rani Channamma University Belagavi K.L.E Society's Lingaraj College Belagavi.	2017	80%
PUC		Government of Karnataka Department of pre- university Education K.L.E Society's Lingaraj College Belagavi	2014	65%
High School		Karnataka Secondary Education Examination Board. Vanita Vidhayala English Medium High School, Belagavi.	2012	49%

LINGUISTIC PROFICIENCY : English, Hindi, Kannada and Marathi.

SKILLS AND STRENGTHS:

- 1) Psychometric Tests:** Evaluating, Screening and diagnosing various psychological issues by administering various psychological tests and projective techniques.
- 2) Therapeutic Techniques:** Cognitive Behavioral Techniques (CBT), Behavioral Techniques (BT),

Physiotherapy techniques, Indigenous Healing Techniques and acupressure for mental health

3) **Counseling and Guidance skills:** Individual and Group counseling techniques (personal, vocational, educational and family).

4) **Other Skills**

- Patience
- Good communication
- Empathetic
- Positive attitude
- Ethics
- Problem solving

RESEARCH EXPERIENCE

- 1) PG research (Dissertation) on “**Suicidal Ideation Among College Students**” in Belagavi city
- 2) UG Project done on “**Level of Stress Among Workers in Industries**”.
- 3) UG Project done on “**level of awareness about importance of education in Rural Areas**”.
- 4) UG Project done on “**level of satisfaction among teachers in colleges**”.
- 5) Presented a paper in the one day multidisciplinary national seminar for students on “**GLOCALIZATION: A SAGA OF CONNECTING PEOPLE**” on 28th march 2017

PROFESSIONAL EXPERIENCE :

- 1) Two months’ **internship** at KLE’s Dr. Prabhakar Kore Charitable Hospital and MRC, belagavi, Karnataka in 2019.
- 2) 1 month **postings** at Urban Health Center, Ashok nagar, Belagavi, Karnataka- 590006.

WORKSHOPS/SEMINARS/CME:

- Participated in **Indian Psychiatric Society “Annual Post Graduate CME- 2018”** programme of department of psychiatry, J.N. Medical College, Belagavi held on 10th and 11th march 2018.
- Participated in “**National Seminar On Health Economics**” held on 30th January 2018 at JNMC, KAHER.
- Participated in the photography competition at **Projections: Photo Exhibition and Talk conducted by National Institute of Mental Health & Neuro Sciences in the lieu of World Mental Health Day 2018.**
- Participated in the **photography competition** at conducted by department of psychology, J.N. Medical College, Belagavi 2018.
- Participated in the **poster making competition** on suicide prevention on 10th September 2018.
- Completed a 6 months of certificate course on “**Lay Counseling**” by Lingaraj college, Belagavi on 28th April 2015.

REFERANCES

- 1) Dr Yasmin D Nadaf. I/c HOD Department of Psychology, KAHER, Belagavi. PH: 9731893552.
- 2) Dr Ramyashilpa Nayak. Department of Psychology, USM KLE, Belagavi. PH:9449973284.
- 3) Mr. Veershkumar Nandagoan, Asst Professor, Department of Mental Health Nursing, KAHER, Belagavi PH:9844971345.