

**KLE Society's  
LINGARAJ COLLEGE, BELAGAVI  
(Autonomous)**

**Best Practices (2018-19)**

**1. CBL (CBALC Business League) – Performance is Reality**

**A 360 degree approach to student development**

**I. Title of the Practice:**

CBL was conceptualized in 2010 as an activity driven 360 degree approach to student development. The concept was inspired by the Professional league model in sports all over the world and our own IPL (Indian Premier League). The various other Indian sports leagues that have come up since then are clear indicator of the utility of it in talent identification, opportunities galore, intense competition and above all market determination of the real time worth of an individual.

CBL started with 9 teams in the inaugural season and was conducted for the duration of one semester. CBL is conducted for the duration of the entire academic year from CBL season II onwards. Three new teams were added in the CBL season II and one more new team was added in the CBL season V for the year 2014-15 making it 13 teams.

CBL is organized by the students under the guidance and supervision of all the faculty of the BBA department. The performance of the students is judged by the experts from the industry and Education field.

**II. Objectives of the Practice**

- To develop various quotients such as intelligence, emotional, spiritual, civic, glamour, etc. in the students.
- To enhance the confidence level of the students to make them present themselves before the public without hitch.
- To develop team spirit, leadership qualities, public speaking art.
- To educate in management of manmade and natural disasters, mental stress and crisis.

**III. The Context : Need to design and implement the Practice**

To offer an activity driven learning to the students aimed at 3 Es – “Exposure, Experience and Education”.

The initiative provides the participating students “exposure” to different types of management activities and the students’ crew exposure to event management.

The students “experience” Team work, Stress, Crisis, Success & Failures for the entire duration of the CBL.

The students get “educated” about application based learning, Stress Management, Crisis Management, Leadership, Time Management and Event Management.

#### **IV. The Practice:**

Each team is owned by final year students. They then pick players from second and first year through an auction. All the events in CBL are organized by the student crew under the guidance and supervision of all the faculty of the BBA department.

The performance of the students is judged by the experts from the industry and Education field.

#### **V. Evidence of success:**

The development in communication and Interpersonal skills leading to improved self confidence of the students.

This is evident from the fact that BBA department has won 51 General Championships from the time CBL has started and 161 individual prizes in various State and National level Management events.

#### **VI. Problems Encountered and Resources Required**

##### **Challenges faced:**

Finding judges from Industry and Education field on a regular basis especially when the events are conducted on week days.

To design innovative & non repetitive rounds every time.

##### **Resources required:**

Finance	: Remuneration paid to the judges, logistics for outdoor events and material required for various events.
Infrastructure	: ICT enabled infrastructure and Vehicles for transport.
Manpower	: Judges, faculty & the student crew.

## **2. Counselling**

### **I. Title of the Practice:**

Counselling aimed at bringing about desired changes in the student developing their qualities, recognize their strengths, discover the beliefs and emotions that are restricting their emotional growth by talking openly and freely to someone who is impartial and emotionally free of entanglements. Basically counselling is form of helping the client to focus on his/her needs and goals in life.

### **II. Objectives of the Practice:-**

- To encourage and develop special abilities and positive attitude.
- To assist the student in planning for educational and vocational choices.
- The goal of counselling is to help individuals to overcome their immediate problems and also to equip them to meet future problem.
- To make students goal oriented.
- To develop empathy and understand others.
- Building good rapport with others.

### **III. The Context : Need to design and implement the Practice**

The students of UG and PG have to achieve and perform their best and to increase communications and counselling skills through the practical experience of counselling. Counselling cell is bringing a kind of awareness among students to know that there is a platform to express their hidden feelings or any other problems like; adjustment, exam, memory and study they can share it with and get satisfactory solutions.

### **IV. The Practice:**

At the time of orientation programme awareness created about counselling cell with its objectives and procedure. It is kept open and free of cost for students, parents and all those who are in need of help.

- ❖ Most of the students are belongs to rural back ground it will take time for them to open and share their problem with someone but when problem is beyond their control such student come to the cell and seek the help.

## V. Evidence of success:

According to the rule of the counselling cell, evidence cannot be told in the form of any case history of any students because confidentiality is maintained that cannot be revealed but year-wise numbers can be mentioned.

Academic Year	No of Students	Types of Problem
2018-19	170	Academic/Personal Adjustment/ Exam related

## VI. Problems Encountered and Resources Required

### Problems encountered

- Making students to understand about counselling process which is the way to bring out their hidden pressure.
- Students who are benefited by the counselling are creating awareness among other students and encouraging them to take counselling if they have problems.

### Resources Required

Well equipped counselling cell and trained counsellor with PG Degree in Psychology, few equipments, relaxation techniques, easy chair, fresh colour on walls, psychological testing materials.

- Making students to understand that college has given them these facilities to resolve their pressure and stress through counselling through various occasions like orientation or any other related functions.



  
Principal  
Lingaraj College, Belagavi