

Lingaraj College, Belagavi
(Autonomous)

Department of Psychology

B.A: VI Semester

DSC: ORGANIZATIONAL BEHAVIOR (PAPER I)
(w.e.f. 2018-19and onwards)

Teaching hours per week – 5	:	Maximum Marks	:	100 Marks
		Semester End Examination	:	70 Marks
		Internal Assessment	:	30 Marks

Course Outcome:

At the end of this course students will be able to:

1. **CO 1:**to discuss the development of the field of organizational behavior and explain the micro and macro approaches
2. **CO2:** to analyze and compare different models used to explain individual behavior related to motivation and rewards
3. **CO3:** to identify the processes used in developing communication and resolving conflicts
4. **CO4:** to explain group dynamics and demonstrate skills required for working in groups (team building)
5. **CO5:** to identify the various leadership styles and the role of leaders in a decision making process.
6. **CO 6:** to explain organizational culture and describe its dimensions and to examine various organizational designs

UNITS	Syllabus	HOURS
Unit I	INTRODUCTION	08 Hours
Unit II	ATTITUDE and MOTIVATION	12 hours
Unit III	GROUPS, TEAMS and LEADERSHIP	12 hours
Unit IV	WORK STRESS	08 hours
Unit V	CONSUMER PSYCHOLOGY	10 hours

TEXT BOOKS:

1. Ashwathappa.K. (2017) Organizational Behaviour. 12th Edition.
2. Robbins and Judge (2013): Organizational Behaviour, concepts, controversies and applications, prentice hall of India. 15th Edition
3. Fred Luthans (2011). Organizational Behaviour. 12th Edition

REFERENCE BOOKS:

1. Schultz and Schultz (2014). Psychology and Work Today. 10th Edition.
2. Leon G. Schiffman (2015) Consumer Behaviour 11th edition

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Department of Psychology

B.A: VI Semester

DSC: HEALTH PSYCHOLOGY (PAPER-II)

(w.e.f. 2018-19 and onwards)

Teaching hours per week – 5	:	Maximum Marks	:	100 Marks
		Semester End Examination	:	70 Marks
		Internal Assessment	:	30 Marks

Course Outcome:

At the end of this course students will be able to:

1. CO 1: Describe the Biopsychosocial model of health and other specific but related psychological theories
2. CO 2: Demonstrate understanding of the biological, behavioral, cognitive and social determinants of health, and risk factors for health-compromising behaviors and strategies for their modification, across the lifespan
3. CO3: Demonstrate advanced knowledge of individual, group and community-based approaches to the prevention and management of major identifiable health conditions (both acute and chronic).
4. CO4: Develop an understanding of basic human biology such as the functioning of the endocrine, immune and nervous systems
5. CO5: Understand the effects of health status and changes in health on a person's emotions, thinking, and behavior

Syllabus

UNITS	Syllabus	HOURS
Unit I	INTRODUCTION TO HEALTH PSYCHOLOGY	10 Hours
Unit II	HEALTH BEHAVIOUR	10 hours
Unit III	MANAGEMENT OF STRESS	10 hours
Unit IV	MANAGEMENT OF CHRONIC DISEASES	10 hours
Unit V	MANAGEMENT OF TERMINAL DISEASES	10 hours

TEXT BOOKS:

- Shelly Taylor (2017) Health Psychology 7th Edition
- NahimaKattum Health Psychology 1st Edition

REFERENCE BOOKS:

1. Brannon and Feist (2013) Health Psychology: An Introduction to Behaviour and Health. 8th Edition
2. Manika Ghosh (2014) Health Psychology: Concepts of Health and Well Being 1st edition
3. Jane Ogden (2017) Health Psychology 4th edition

K.L.E. Society's
LINGARAJ COLLEGE, BELAGAVI

(AUTONOMOUS)

B.A. - VI Semester

Psychology

SYLLABUS

Practical

Paper - I: Organizational Behavior

(w.e.f 2018-19 and Onwards)

Teaching hours per week: 4 Hours

Maximum Marks : 50 Marks

Semester End Examination : 35 Marks

Internal Assessment : 15 Marks

At the end of this course students will be able to:

1. To provide in depth knowledge to students regarding the occupational stress and ways to overcome it by occupational stress index
2. To know the level of job satisfaction through the use of job satisfaction scale
3. To measure the aptitude level of the employees in organisation by Using Aptitude test

Unit	Map projections properties and uses of the following projections	Hrs
1. 1	1. David's battery of differential Aptitude 2. DAT 3. Level of aspiration 4. Job satisfaction	12 Hrs
1. 2	1. Achievement Motivation 2. Work Value/work culture/work commitment 3. Leadership effective scale	14 Hrs
1. 3	1. Occupational stress index 2. Work motivation scale	14 Hrs

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LINGARAJ COLLEGE, BELAGAVI

(AUTONOMOUS)

B.A. - VI Semester

Psychology

SYLLABUS

Practical

Paper -II: Health Psychology

(w.e.f 2018-19 and Onwards)

Teaching hours per week: 4 Hours

Maximum Marks : 50 Marks

Semester End Examination : 35 Marks

Internal Assessment : 15 Marks

At the end of this course students will be able to:

1. To know the individuals quality of life
2. To measure the level of psychological well-being of people by using well-being scale
3. To identify and gain knowledge of eating problems by using assessment of eating behaviour
4. To help students know their type of personality by using type A type B scale

Unit		Hrs
1. 1	1. Quality of life scale 2. Psychological well being 3. Assessment of assertive behaviour	12 Hrs
1. 2	4. Type A and Type B 5. Feeling of Security and Insecurity 6. Coping Skills (Sinha's) 7. Locus of control	14 Hrs
1. 3	8. Behavioural Rigidity 9. Singh's Personal stress source Inventory 3. Assessment of Eating Behaviour	14 Hrs