

KLE Society's
Lingaraj College, Belagavi
(Autonomous)

Department of BBA

B.B.A. : II Semester

Personality Development and Life Skills - II
(w.e.f. 2019-20 and onwards)

Teaching hours per week – 04 :	Maximum Marks	:	100 Marks
	Semester End Examination	:	70 Marks
	Internal Assessment	:	30 Marks

Course Outcome:

At the end of this course students will be able to:

1. Summarize the concept of Interpersonal Skills, Understand the Behavioural Styles and apply the professional skills at work.
2. Understand and apply the Networking skills required for their life.
3. Understand the different Personality Traits to inculcate by watching relevant movies.
4. Explain and Demonstrate Emotional Intelligence at relevant situations.
5. Understand and Apply life lessons learnt by studying relevant books.

Syllabus

MODULE S	Syllabus	HOURS
Module I	Interpersonal Skills Initiating Interactions <ul style="list-style-type: none">● Professional Skills at work● Behavioral Styles● Johari Window● Relationship of Circumstances and Relationship of Choice	08
Module II	Networking <ul style="list-style-type: none">● Initiating, Developing Maintaining Network● Advantages and Limitations of Networking● Discretion in Networking● Five Secrets of Networking● Click by George Fraser	12
Module III	Emotional Intelligence <ul style="list-style-type: none">● Identifying right Emotion● Managing and conveying Emotion● Different Types of Emotions● Personal Competence Framework	08

	<ul style="list-style-type: none"> • Social Competence Framework 	
Module IV	Successful Personality Traits through Books <ul style="list-style-type: none"> • Ikigai – Hector Garcia & Fransec Miralles • Give and Take – Adam Grant • Atomic Habits – James Clear • People Smart – Mel Silberman 	20
Module V	Successful Personality Traits through Movies <ul style="list-style-type: none"> • The Truman Show • Inside Out • 12 Angry Men • Last Lecture of Randy Paush • Life Changing Seminar by Sandeep Maheshwari 	12

Reference Books:

1. Ikigai by Hector Garcia & Fransec Miralles.
2. Give and Take by Adam Grant.
3. Click by George Fraser.
4. Atomic Habits by James Clear.
5. People Smart by Mel Silberman.

Movies:

1. The Truman Show.
2. Inside Out.
3. 12 Angry Men.
4. Last Lecture of Randy Paush.
5. Life Changing Seminar by Sandeep Maheshwari.