

CURRICULUM VITAE

Name : **Dr. C. RAMA RAO**
Qualification : B.P.E, M.P.Ed, M.Phil ,Ph.D
N.I.S., Diploma in Sports Coaching Athletics,
Patiala
Date of Birth : 03.10.1980
Specialization : Athletics and Volley Ball
Coaching and Training : Produced more than 150 University Blues

Memberships and Coach:

- **Coach (Belt Wrestling) of Indian Team** participating at the “International Belt Wrestling Alysh Tournament” held at Kaba Uula Kojom Kul Spots Palace, Bishkek, Kyrgyzstan organized by Kyrgyzstan Belt Wrestling Alysh Federation under the auspices of International Federation of Wrestling on Belt Alysh (IFWBA) from 15th to 20th March 2015.
- Coach (Belt Wrestling) of Indian team participating at the “5th Asian Indoor Games” held at Ashgabat, Turkmenistan, organized by Asian Olympic Council in the year 2017.
- President, Karnataka Belt Wrestling Association, Belagavi.
- Nominated as the External Expert for Selection Trial of Amity University, Uttar Pradesh

Research:

- Minor Research Project on “Analysis of Sports Competition anxiety between Karnataka and Tamilnadu Inter University Men Basketball Players” funded by UGC, New Delhi.
- Awarded Ph.D. on the title ‘Construction of Specific Fitness Test and Norms For High And Low Hurdlers’ from Kuvempu University, Shimoga.

Seminars and Conferences :

- Presented the paper at National Seminar on recent researches in Physical education and sports entitled '**Analysis of Sports Competitive Anxiety between North and West Inter University Girls Basket Ball Players**' held at University at Delhi in the year 2007.
 - Attended the National Conference on Sports Medicine in New Delhi in the year 2007.
 - Presented a Paper entitled '**Critical Analysis of Batting a Bio-mechanical approach**' at the III International congress on sports medicine, exercise science, physical education held at L.N.I.P.E. Gwalior in the year February, 2008.
 - Attended International Conference on Stress Management held at L.N.I.P.E. Gwalior in the year October, 2008.
 - Paper Presented at International Conference on Talent Identification and Development In Sports at Brahmavar (Udupi) titled '**Technique of Exposing the Psychological Depositions in Talent Identification**' On 29th – 30th January 2010.
 - Presented a paper in National Conference on "Multidisciplinary Approach to the Promotion of Sports in University and Workshop on Research in the Development of Physical Education and Sports" held on 19th-21st January 2012 organised by Karnatak University, Dharwad.
 - Presented a paper on "High Altitude and Exercise in Sports" in National Seminar on "Issues and Trends in Modern System of Physical Education and Sports Sciences" held on 30th-31st March 2012 organized by Karnataka State Womens University, Bijapur.
 - Presented a paper on "Economic Impact of Corporate on Indian Sports" in a three days International Conference on "Sports Economics and Vision of London Olympics- 2012" organized by Delhi University held on 17th – 19th April 2012.
- Presented a paper on 'Need of Physical Education Curriculum at UG and PG Level' organized by KLE Society's SCP Arts and DDS Commerce College, Mahalingpur on 30th – 31st January 2015
 - Attended the National Conference on Innovation in Physical Education organized by Department of Physical Education and Sports , BMS Engineering College, Bengaluru on 20th and 21st January 2017
 - Attended workshop on 'Hydrotherapy – Stress Buster' organized by KLE University, Institute of Physiotherapy on 11th August 2017.

- Attended UGC Sponsored National Workshop on Sports Injuries, Treatment Modalities, Sports Massage and CPR organized by KLS Gogte College of Commerce, on 25th and 26th February 2017.
- Presented paper on ‘Stress Management in Sports’ in UGC Sponsored National Level Seminar on Sports Medicine- Application and Recent Trends organized by Department of Physical Education, B.O. Chidambaram College, Thoothukudi, Tamilnadu, on 3rd and 4th March 2017.
- Presented paper on ‘Attacking to the First Hurdle in High Hurdle Men’ in UGC Sponsored National Level Conference on Latest Trends in health and Physical Education organized by University College of Medical Science, University of Delhi, New Delhi on 14th and 15th February 2017.

Paper Publications:

- Paper published on ‘Attacking to the First Hurdle in High Hurdle Men’ in REX Journal with ISSN 2321-1067, published by JJTU University, Rajasthan
- Paper published on ‘Principles of Plyometric Training for Hurdlers’ in REX Journal with ISSN 2321-1067, published by JJTU University, Rajasthan.